

Think Like a Second Year Introduction Transcript

Hi, my name is Emily, and I am an Academic Skills Advisor with UniSkills here at Edge Hill University.

This toolkit has been designed to support your transition into your second year of university study.

But you might be wondering...what actually changes?

Whilst the first year is all about finding your feet, the second year can bring a different set of expectations.

You'll probably notice your work becomes more challenging; you'll dive deeper into your subject, engage more critically with content, and hopefully start developing your own academic voice.

For many courses, second-year marks now count towards your final degree classification. That can feel like extra pressure, but it's also a great chance to build strong habits early.

This can also be the year when many students experience the 'second-year slump': motivation dips, work increases, and things feel tougher. If that happens, remember – you're not alone. It's completely normal, and there's support available.

So yes...second year is different – more demanding, more independent, and more rewarding. But remember, UniSkills are here to help you every step of the way.

So, let's get started with exploring how to navigate this transition.