

Exam Preparation: In the Exam (Video Transcript)

Before you go, a final reminder that you can do this. Stay focussed on your learning process and your own power to drive it.

Have a plan. Mix up your revision techniques and keep your long-term goals in mind to get you through the assessment period.

We can't remove all of the uncertainty, but we can reduce it.

Reach out for support when you need it, and remember that your tutor will always have realistic expectations for you, and that we all learn in a different way.

Don't forget that energy boosting snack of choice before you hit the exam room to sustain focus, and remember a treat and a rest for afterwards.

Good luck and UniSkills are here to support you throughout your studies.