

WEEKLY PLANNER

MONTH	MAY
YEAR	2024

MON	TUES	WED	THURS	FRI	SAT	SUN
REVISE DAY!	PLACE -MENT	BIOGEO: 2-6PM	FRENCH: 1-3PM SUSTAINABLE BUSINESS: 3-5PM	BIOTECH: 9-1 TRAMPOLINING: 3-5 CHEERLEADING: 6-9	REST DAY/ SELF CARE	REST DAY/ SELF CARE

TRACKER	M	T	W	TH	F	S	S
EXERCISE	✓	✓					
REVISE	✓	✓	✓				
STAY HYDRATED	✓	✓					
STAY ORGANIZED	✓	✓	✓				

NOTES
PRIORITIZE YOUR MENTAL HEALTH! YOU ARE ALMOST DONE WITH THE SEMESTER, FINISH OFF STRONG!

THINGS TO DO
REVIEW PRESENTATION
FINISH LAUNDRY
GO FOR A WALK

MOTIVATION	DRINKS WITH FRIENDS!
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