# Video Submission in Blackboard Assignment: Instructions for Students

Copy the instructions below in to the ‘Assignment Content’ text box.

* Select the text box labelled ‘Submission’.
* In the text editor options, select the ‘Insert content’ (+) icon.
* Select ‘Content Market’ and then ‘Panopto Student Video Submission’.
* You have options to Choose, Upload, and Record.
	+ Choose: You can choose a recording you’ve already uploaded to Panopto. If you have pre-recorded your video in Panopto you can navigate to your ‘My Folder’ folder by clicking the drop-down at the top.
	+ Upload: You can upload a video file that you’ve created elsewhere.
	+ Record: Record using the web based Panopto Capture, or the Panopto for Windows app.
* Select the video you wish to submit then select ‘Insert’.
* At this point you can change the display name of your recording if you wish.
* Your video will be added to the submission. Add any extra information and submit.