

Regional Anaesthesia

WORKSHEET

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Stop and Think: Our Patients...

Let's consider for a minute that all of our patients are to receive a spinal anaesthetic...How much fluid do you think they would each require prior to the spinal being administered?

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Checklist:

Spinal equipment...

| Equipment | Rationale |
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Question:

What are the complications of a spinal anaesthetic?

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Stop and Think:

If spinal anaesthesia lasts 2-3 hours:

- What are you going to do if there are complications and this time is exceeded?

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Stop and Think:

Take a moment to consider how the human body responds to hypotension and identify which of our 3 patients may not be suited to spinal anaesthesia.

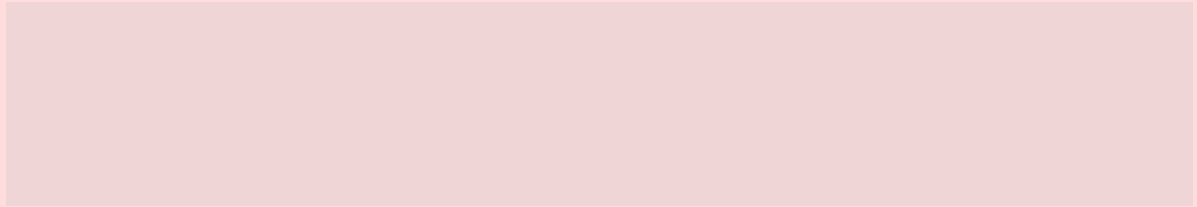
- Are there any absolute contra-indications here?

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Stop and Think:

Many anaesthetists administer combined spinal-epidural anaesthesia combining the advantages of both procedures. However..

- What are the disadvantages?.

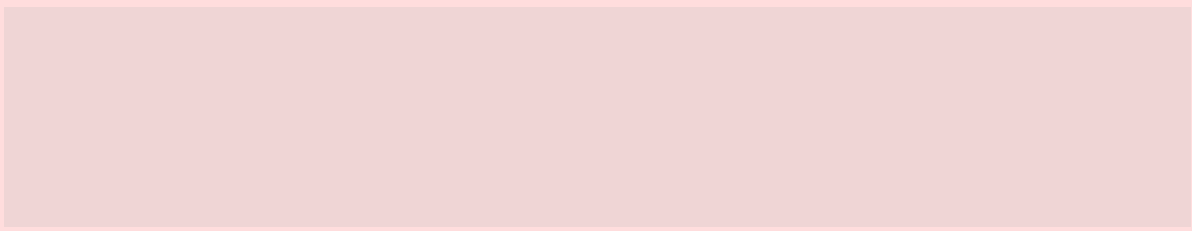


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Stop and Think:

Are any of our patients contra-indicated for epidural?

- Why?



Checklist:

Epidural equipment...

| Equipment | Rationale |
|-----------|-----------|
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Question:

What are the complications of a epidural anaesthetic?

Stop and Think:

What are the dangers of administering local anaesthetic intravenously?

- What will you do about it?

Stop and Think:

Would you consider a field block to be suitable for Ms. Armitage?

- As a component of anaesthesia?
- As the sole anaesthetic technique?
- Why?