



Cerium Overlay Assessment & Visual Stress

ehu.ac.uk/spld

Visual Stress

This is a visual perceptual problem where black text on a white background looks distorted.

You may experience one or more of the following:

- Print seems to move or blur
- Letters fade or become darker
- Patterns or colours run through the text
- Problems with reading speed, comprehension and tracking text
- Light sensitivity
- Low concentration
- Eye strain, headaches, fatigue or nausea
- Trouble with spatial awareness

Cerium Overlay Assessment

This is a free assessment.

Before booking your appointment, we check that you have had a recent eye test. The assessment involves an observational test, trying out a range of coloured overlays over black text on a white background to see if there is a colour that reduces visual distortion and improves your reading experience

Cerium Coloured Overlay Test

Book an appointment if black print on a white background is distorted or if reading from a PC is difficult

If you have been prescribed glasses to use when reading, please bring them with you to the appointment. We can offer advice and guidance on reading techniques and on applying for DSA

To arrange an appointment, (allow 30 minutes for this) please contact the SpLD Support Team.

In person:

Ask desk, 1st floor University Library, Ormskirk

Tel: 01695 584372

Email: spld@edgehill.ac.uk

ehu.ac.uk/spld