# Dr Lawrence Foweather List of Publications

# 1. JOURNAL ARTICLES (peer-reviewed)

Foulkes, J.D., Knowles, Z., Fairclough, S.J., Stratton, G., O'Dwyer, M., Ridgers, N.D., **Foweather, L.** (2015). Fundamental movement skills of preschool children in North-West England. *Perceptual and Motor Skills*, 121(1): 1-24. doi: 10.2466/10.25.PMS.121c14x0

Trigwell, J., McGee, C.E., Murphy, R.C., Porcellato, L.A, Ussher, M., Garnham-Lee, K., Knowles, Z.R. & **Foweather, L.** (2015). Process evaluation of a sport-for-health intervention to prevent smoking amongst primary school children: SmokeFree Sports. *BMC Public Health*, 15:347. doi:10.1186/s12889-015-1645-1

McGee, C.E., Trigwell, J., Fairclough, S.J., Murphy, R.C., Porcellato, L., Ussher, M. & **Foweather, L.** (2015). Influence of family and friend smoking on intentions to smoke and smoking-related attitudes and refusal self-efficacy among 9-10 year old children from deprived neighbourhoods: a cross-sectional study. *BMC Public Health*, 15:225. doi:10.1186/s12889-015-1513-z

**Foweather, L.** Knowles, Z., Ridgers, N.D., O'Dwyer, M.V., Foulkes, J.D. & Stratton, G. (2014). Fundamental movement skills in relation to weekday and weekend physical activity in preschool children. *Journal of Science and Medicine in Sport*. doi: 10.1016/j.jsams.2014.09.014

Hilland, T., Beynon, C., McGee, C., Murphy, R., Parnell, D. and **Foweather, L.** (2014). Training coaches to tackle tobacco: formative evaluation of the SmokeFree Sports campaign. *International Journal of Health Promotion and Education*. doi: 10.1080/14635240.2014.915758

Houghton, L., Watson, P.M., **Foweather, L.**, O'Dwyer, M.V., Alford, S. and Knowles, Z. (2014). An impact and feasibility study of a 6 week active play intervention on fathers' engagement with their preschool children: A feasibility study. *Early Childhood Development and Care*. doi: 10.1080/03004430.2014.919495

O'Dwyer, M.V., Fairclough, S., Ridgers, N.D., Knowles, Z.R., **Foweather, L**. and Stratton, G. (2014). Patterns of objectively measured moderate-to-vigorous physical activity in preschool children, *Journal of Physical activity and Health*, **11**, 1233-8.

Konidari, A., Auth, M., Murphy, M., Cunningham, C., **Foweather, L.**, Gobbi, R., Graves, L., Hopkins, N., Stratton, G. and Boddy, L. (2014). Assessment of biochemical liver markers, physical activity, fitness and body mass index for a cardiometabolic risk model in childhood. *Acta Paediatrica*, **103**, e194–e198. doi: 10.1111/apa.12591

Boddy, L.M., Murphy, M.H., Cunningham, C., Breslin, G., **Foweather, L**., Gobbi, R., Graves, L.E., Hopkins, N.D., Auth, M.K. and Stratton, G. (2014). Physical activity, cardiorespiratory fitness, and clustered cardiometabolic risk in 10- to 12-year-old school children: The REACH Y6 study. *American Journal of Human Biology*, **26**, 446–451. doi: 10.1002/ajhb.22537

Romeo-Velilla, M., Beynon, C., McGee, C., Hilland, T., Murphy, R., Parnell, D. and **Foweather, L.** (2014). Formative evaluation of a UK community-based sports intervention to prevent smoking among children and young people: SmokeFree Sports. *Journal of Sport for Development*.

Ramirez-Rico, E., Hilland, T.A., **Foweather, L.**, Fernandez-Garcia, E. and Fairclough, S. (2014). Weekday and weekend patterns of physical activity and sedentary time among Liverpool and Madrid Youth. *European Journal of Sports Science*, **14**, 287-93. doi: 10.1080/17461391.2013.827242

O'Dwyer, M.V., **Foweather, L.**, Fairclough, S., Knowles, Z., Ridgers, N. and Stratton, G. (2013). Effect of a school-based active play intervention on sedentary time and physical activity in preschool children, *Health Education Research*, **28**, 931-42. doi: 10.1093/her/cyt097

Graves, L.E.F., Batterham, A.M., **Foweather, L.**, McWhannell, N., Hopkins, N.D., Boddy, L.M., Gobbi, R. and Stratton, G. (2013). Scaling of peak oxygen uptake in children: A comparison of 3 body size index models. *Medicine and Science in Sports and Exercise*, **45**, 2341-5. doi: 10.1249/MSS.0b013e31829bfa79

Houston, E.L., Baker, J.S., Buchan, D.S., Stratton, G., Fairclough, S.J., **Foweather, L.**, Gobbi, R., Graves, L.E.F., Hopkins, N. and Boddy, L.M. (2013).

Cardiorespiratory fitness predicts clustered cardiometabolic risk in 10-11.9-year-olds. *European Journal of Pediatrics*, **172**, 913-918.

O'Dwyer, M.V., **Foweather, L.**, Stratton, G. and Ridgers, N.D. (2011). Physical activity in non-overweight and overweight UK pre-school children: Preliminary findings and methods of the Active Play Project, *Science and Sports*, **26**, 345-349.

Ridgers, N.D., Graves, L.E.F., **Foweather, L.** and Stratton, G. (2010). Examining influences on boys' and girls' physical activity patterns: the A-CLASS project. *Pediatric Exercise Science*, **22**, 638-650.

**Foweather, L.,** McWhannell, N., Henaghan, J., Lees, A., Stratton., G. and Batterham, A.M (2008). Effect of a 9-wk. after-school multiskills club on fundamental movement skill proficiency in 8- to 9-yr.-old children: an exploratory trial. *Perceptual and Motor Skills*, **106**, 745-754.

Henaghan, J., McWhannell, N., **Foweather, L.,** Cable, N.T., Batterham, A.M., Stratton, G. and George, K.P. (2008). The effect of structured exercise classes and a lifestyle intervention on cardiovascular risk factors in primary schoolchildren: an exploratory trial (The A-CLASS Project). *Pediatric Exercise Science*, **20**,169-80.

McWhannell, N., Henaghan, J.L., **Foweather, L.**, Doran, D.A., Batterham, A.M., Reilly, T. and Stratton, G. (2008). The effect of a 9-week physical activity programme on bone and body composition of children aged 10-11 years: an exploratory trial. *International Journal of Sports Medicine*, **29**, 941-947.

## 2. JOURNAL ARTICLES (non-refereed)

Houghton, L., O'Dwyer, M.V., Foweather, L., Watson, P.M., Alford, S. & Knowles, Z.R. (2014). Benefits of Daddy Play. *Early Years Educator*, **16**, 28-30.

Trigwell, J., McGee, C. E., Casstles, H., Murphy, R. C., Porcellato, L, A., Ussher, M. and **Foweather, L.** (2014). Preventing smoking among nine to ten-year-old children using a novel school-based physical activity intervention: Overview of SmokeFree Sports. *Education and Health*, **32**, 93-102.

Ridgers, N.D., Stratton, G., Foweather, L., Henaghan, J, McWhannell, N, and Stone, M.R. (2006). The Active City of Liverpool, Active Schools and SportsLinx (A-CLASS) Project. Education and Health, 24, 2, 26-29.

### 3. CHAPTERS IN BOOKS

**Foweather, L.** (2008). Physical self-perceptions in non-overweight and overweight boys and girls. In T. Jürimäe, N. Armstrong & J. Jürimäe (Eds.), *Children and Exercise XXIV:* Proceedings of the 24<sup>th</sup> Pediatric Work Physiology Meeting (pp. 55-59). London: Routledge.

### 4. REPORTS

**Foweather, L.** Trigwell, J. and McGee, C. (2014). *SmokeFree Sports Final Project Report* 2012-2013. Liverpool: LJMU.

AFRESH partners (2013). *AFRESH Solutions: A Joint Action Plan for Health*. Montpellier: Agro.

Houghton, L., Watson, P.M., **Foweather, L.**, O'Dwyer, M.V., Alford, S. and Knowles, Z. (2013). *Fathers engagement project evaluation report.* Liverpool: LJMU.

**Foweather, L.** Hilland, T., Romeo-Velilla, M., McGee, C. and Parnell, D. (2011). SmokeFree Sports Project Report: October 2011. Liverpool: LJMU.

**Foweather, L.** (2010). Fundamental movement skill competence among 10-11 year old children: Year 2 PEPASS Physical Activity Project. Liverpool: LJMU.

Stratton, G., McWhannell, N., **Foweather, L.**, Henaghan, J., Graves, L., Ridgers, N. D., and Hepples, J. (2009). *The A-CLASS Project Research Findings: Summary Report*. Liverpool: Sportslinx.