

Edge Hill University
Staff Curriculum Vitae Template

Name (and Title)
Lynsey Wilson
Faculty
Arts and Sciences
Subject Area
Sport and Physical Activity
Post Held
Senior Lecturer in Sports Therapy
Relevant Qualifications
BSc (Hons) Sports Therapy PG Cert in Teaching and Learning in Higher Education
Membership of Professional Bodies
Member of the Society of Sports Therapists
Previous relevant employment
Lecturer in Sports Therapy at the University of Huddersfield Private practice as sports therapist Ayr Rugby Union Club – Head sports therapist
Relevant Research and Consultancy
The shoulder complex - isokinetic dynamometer, joint position sense, strength ratios, effects of taping, functional fatigue protocols.
Relevant Course and Conference attendance
Rehabilitation in professional Football Conference 'An Integrated Multi-Disciplinary Team Approach' (September, 2012)
Post-graduate training course in Differentiation and Effective Management of Lumbar Spine and Hip Pain using the Movement System Syndromes Approach: Shirley Sahrman (November, 2011)
Post-graduate training course in Dysfunction Patterns in the Thoraco-Lumbar Region (July, 2010)
Post-graduate training course in Myofacial Trigger Points (MTrP) (May, 2009)
Post-graduate training course in The Mulligan Concept- NAGSs SNAGs and MWMs (Aug, 2007)
Relevant Publications
Wilson, L.M., (2012) 'Problem-Based Learning and Clinical Reasoning in Sports Therapy Practice' <i>International Journal of Therapy and Rehabilitation</i> 19 (12) pp.682-688

