

# Pre-operative Assessment WORKBOOK

## Emergency / Trauma Surgery Pre Op Assessment

### PATIENTS DETAILS

Date:...../...../..... Date of Surgery:...../...../..... M/F  
 Name:..... Age:..... Hospital no.:.....  
 Planned Surgery:..... WT:..... KG:..... HT:.....mm BMI:.....

### PAST MEDICAL / SURGICAL HISTORY

M.I. / C.V.A / B/P / ANGINA / Rh FEVER / JAUNDICE / TB /  
 DIABETES / ASTHMA / BRONCHITIS / EPILEPSY

.....  
 .....  
 .....  
 .....  
 .....

Allergies Y / NKA:..... Starvation time & date:.....  
 Thromboprophylaxis Y / N Date & Time:.....

### PREVIOUS G / A PROBLEMS

.....  
 Family History / G / A.....

### C.V.S

Chest pain	Y / N	.....
M.I	Y / N	.....
S.O.B	Y / N	.....
Angina	Y / N	.....
D.V.T / P.E	Y / N	.....
Oedema	Y / N	.....
Palpitations	Y / N	.....
Orthopnoea / P.N.D	Y / N	Pillows = .....

### RESPIRATORY

Cough	Y / N	.....
Sputum	Y / N	Colour .....
Exercise tolerance	Flat	.....
Climb Steps	Y / N	Immobile .....
Smokes	Y / N	..... Ex. Stopped .....
Alcohol Intake,	Units per week	.....

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## Pre-operative Assessment

Use this workbook in conjunction with the pre op assessment worksheet.

### PATIENTS DETAILS

Date:...../...../..... Date of Surgery:...../...../..... M/F  
Name:..... Age:..... Hospital no.:.....  
Planned Surgery:..... WT:..... KG:..... HT:.....mm BMI:.....

#### Patient details:

In this section the weight and height of the patient is obtained. The next question asks for the BMI of the patient. As a practitioner as yourself.....

- Do you know how to work out a patient's BMI?
- Why do you think it may be important to know the patients BMI?

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.....  
.....  
.....

#### Past medical/surgical history:

In this section provide a rationale for why the anaesthetist may need to know if the patient has suffered from:

- MI .....
- CVA .....
- Angina.....
- Rheumatic fever .....
- Jaundice .....
- TB .....
- Diabetes .....
- Asthma .....
- Bronchitis .....
- Epilepsy .....

Pre-operative Assessment

**PREVIOUS G / A PROBLEMS** .....

.....  
Family History / G / A.....

Why do you think it is important to find out if there is any previous family history of GA problems?

**C.V.S**

Chest pain	Y / N	.....
M.I	Y / N	.....
S.O.B	Y / N	.....
Angina	Y / N	.....
D.V.T / P.E	Y / N	.....
Oedema	Y / N	.....
Palpitations	Y / N	.....
Orthopnoea / P.N.D	Y / N	Pillows = .....

In the section relating to the CVS, what does the term orthopnoea/PND mean and can you provide a rationale for why the anaesthetist is documenting the need for pillows?

Cough	Y / N	.....
Sputum	Y / N Colour	.....
Exercise tolerance	Flat	.....
Climb Steps	Y / N Immobile	.....
Smokes	Y / N	..... Ex. Stopped .....
Alcohol Intake,	Units per week	.....

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In the section that is related to the respiratory system, why is it important that the anaesthetist is made aware of information relating to a productive cough?

## Pre-operative Assessment

**MEDICATION** .....  
.....  
.....  
.....

In relation to medication, does the anaesthetist need to know about prescribed medication only. Provide a rationale to support your answer.

Indigestion Y / N .....                      Reflux Y / N  
.....

What is the significance of asking if the patient suffers from indigestion and reflux?

### AIRWAY

Dentition                      Neck Movement                      Mallampatti                      Calder

Why is the anaesthetist interested in the patients' dentition and neck movement?

**EXAMINATION** B/P.....Pulse .....( Reg. / Irreg )    Resp Rate ..... Sa O2  
Anaemia Y/N    Distress Y/N    Jaundice Y/N    Cyanosis Y/N    Clubbing Y/N

In the section which relates to examination consider what systems are being examined for each term used: