

Nisha Sajani, PhD, RDT-BCT

Wednesday 1st June 2016 Workshop

3.00pm - 5.00pm

Venue: Edge Hill University, Performing Arts building

Room: Dance Studio

FREE!

3:00pm – 5:00pm Workshop: **An Introduction to Developmental Transformations (DVT)**

DvT is a highly relational, embodied, improvisational practice that aids individuals and groups in embracing difference and change. DvT privileges improvisational and embodied interaction over the exploration of role repertoire or story, and training focuses on one's abilities to use themselves and their capacity to communicate in subtle ways, through their own bodily movement, speech, sounds, gaze, and personality. DvT may be practiced between two individuals, a group, a family, or a larger community. It was developed in the context of psychotherapy but has also been used as a form of personal practice and in correlation with other art forms. In this workshop, you will be introduced to the theory and an example of practice using DvT