|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Revision Timetable | | | | | | W/C:\_\_\_\_\_\_ | |
| Time | Monday | Tuesday | Wednesday | | Thursday | Friday | Saturday | Sunday |
| 09:00 |  |  |  | |  |  |  |  |
|  |  |  |  | |  |  |  |  |
| 10:00 |  |  |  | |  |  |  |  |
|  |  |  |  | |  |  |  |  |
| 11:00 |  |  |  | |  |  |  |  |
|  |  |  |  | |  |  |  |  |
| 12:00 |  |  |  | |  |  |  |  |
|  |  |  |  | |  |  |  |  |
| 13:00 |  |  |  | |  |  |  |  |
|  |  |  |  | |  |  |  |  |
| 14:00 |  |  |  | |  |  |  |  |
| 15:00 |  |  |  | |  |  |  |  |
| 16:00 |  |  |  | |  |  |  |  |
| 17:00 |  |  |  | |  |  |  |  |
| 18:00 |  |  |  | |  |  |  |  |
|  |  |  |  | |  |  |  |  |
|  |  | | |

 COLOUR CODE:

Use this timetable to map out your study sessions and highlight your work-life-study balance!

* Start by adding in all of your commitments such as your University Timetable in one colour, and add your work in another colour!
* After this plan in some relaxation activities – time to go for a walk, catch up with friends or go to the gym – whatever you enjoy!
* Finally, fit in your study sessions around this, remembering to allow time for regular breaks!
* Using a colour code helps visually see how you are spending your time, and highlights any gaps for extra revision time – check out our completed example!

|  |
| --- |
| **UNI** (LECTURES/SEMINARS/MEETINGS) |
| **FREE TIME** |
| **GYM** |
| **WORK** |
| **STUDY/REVISON TIME** |